# BY A REW-S

# Newark Beth Israel Medical Center • Children's Hospital of New Jersey

Vol. 14 Issue 15 • June 27, 2014



A Message from the President and CEO, NBIMC & CHoNJ, Executive Vice President, Barnabas Health

Dear Colleagues,

This past weekend marked the culmination of one of the most spectacular and

memorable weeks in Barnabas Health history with the closing of the 2014 Special Olympics, hosted here in New Jersey. This week, more than 1,200 Barnabas Health employees, including 200 from The Beth, converged on every Olympic site from Essex to Mercer County to volunteer, and participate in what I believe is an exercise in serving humanity. The Special Olympics is clearly our largest service project ever and by all accounts, the time spent with the Special Olympics champions was worth more than words can describe.

I found my personal experience with the Special Olympics this week to be inspiring, humbling and rewarding! The Champions, at the Opening Ceremony, showed us through their participation in the Special Olympics, the power of commitment and determination and how the human spirit can rise to almost any occasion.

The Champions showed how, with a goal in mind and commitment in their heart, anything is possible whether racing to the finish line in track and field, playing baseball in a professional ball park, or throwing the football to a touchdown – each of the Olympians has the heart of a champion and a vision of success. They taught us that it's not about finishing in first place but instead how you endure to the end.

Beth employee volunteers, you too are champions, not only for your participation in the Special Olympics, but also for your commitment to help others over the past week and for what you do to help patients at The Beth. Helping others is the nature of our work in healthcare so it was a natural fit that you would help others at the Special Olympics.

I encourage you to continue the spirit of service in everything you do; I believe you will be rewarded over and over again. Thank you to everyone – you exemplify the spirit of service.

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Sincerely,

John A. Brennan, MD, MPH President and Chief Executive Officer, NBIMC & CHoNJ Executive Vice President, Barnabas Health

# GRAND ROUNDS OB/GYN GRAND ROUNDS:

Monday, June 30, 2014 • Parsonnet Auditorium 8 am: Practice Bulletin; 9 am: "Morbidity & Mortality."

## MEDICAL GRAND ROUNDS:

**Thursday, July 3, 2014** • Parsonnet Auditorium 8:30 am: Topic & Speaker to be announced.







www.facebook.com/NewarkBethIsraelMedicalCenter

# The Beth at the 2014 Special Olympics USA Games NBIMC and CHoNJ employees and volunteers enjoyed five great days of competition and fun with the athletes, their friends,

family and community residents at the 2014 Special Olympics USA Games!







# A Legend in Our Midst... The Beth's Renowned Surgeon Dr. Bruce Brener Inducted into the Asbury Park High School Alumni Hall of Fame

Dr. Bruce Brener, NBIMC Vascular Surgery Director, Vascular Fellowship Program Director, and Medical Director of Vascular Lab, was recently inducted into the distinguished Asbury Park High School Alumni Hall of Fame.

Though many know him as a renowned vascular surgeon, few may know of the

connection Dr. Bruce Brener has to Asbury Park High School, or that twelve members of his family attended, including his wife, Ellen, who was his high school sweetheart.

Dr. Brener recently spent the day at his alma mater meeting with students and inspiring them to think about many of the health care opportunities available after completing high school. That evening, he was inducted into the Asbury Park High School Alumni Hall of Fame where he joined twelve other honorees, including a patent attorney, an astronomer and an astrophysicist at the Berkeley Oceanfront Hotel for the fundraising celebration.

As the grandson of Eastern European immigrants, Dr. Brener graduated Asbury Park High School in 1958. From there he attended Yale University and Harvard Medical School. His general surgery residencies were at Peter Bent Brigham Hospital and West Roxbury V.A. Hospital, as well as a fellowship in vascular surgery at Massachusetts General Hospital.

Today, not only does Dr. Brener run NBIMC's vascular programs, but he also has an office in the ACC in Livingston, Vascular Associates of NJ, with his partner, Dr. Cindy Sturt. Dr. Sturt also sees patients in Hudson County at the NBIMC Medical Specialty Services at Bayonne. For appointments, please call 973-926-7331.

Dr. Brener continues to advance minimally invasive surgical techniques for the treatment of circulatory illness and injury. He has served as principal investigator for numerous clinical research studies throughout his career, including several that provide patients with the newest generation of stent grafts used to treat aneurysms. He is widely published on topics in vascular surgery and has made hundreds of presentations at national and international conferences.

Dr. Brener has established the Annual Parsonnet Lecture, in honor of Victor Parsonnet, MD, cardiothoracic and vascular surgeon and pacemaker pioneer, whose grandparents founded Newark Beth Israel Medical Center. Michael L. Marin, MD, Professor and Chair of Surgery and Vascular Surgery at Mount Sinai is the scheduled guest speaker for this year's lecture series which will be held on Saturday, Sept. 6th in the Parsonnet-Danzis Auditorium. All are invited to attend and CME credits will be available for physicians.

Dr. Brener speaks fondly of Asbury Park and remembers being a teenager down the shore. He is interested in giving back to the institution that made such an impact on his life and additional collaborations with Asbury Park High School are part of his plans for the future.

# Congratulations to Dr. Brener!

To see photos of Dr. Brener at the induction ceremony go to: <a href="http://www.app.com/picture-gallery/news/education/asbury-park-schools/2014/05/16/asbury-park-high-school-distinguished-alumni-hall-of-fame/9197409/">http://www.app.com/picture-gallery/news/education/asbury-park-school-distinguished-alumni-hall-of-fame/9197409/</a>

# Northern NJ's Top Healthcare Champions Honored at 22nd Annual Northern New Jersey Healthcare Awards Dinner

Boy Scouts of America, Northern New Jersey Council recently honored Kevin F. Muench DMD, MAGD, at MayFair Farms with the Distinguished Healthcare Service Award. He was one of five individuals who were selected by a panel of medical professionals for his service to the community and for his expertise in the medical profession.

Dr. Muench has had a private dental practice in Maplewood, NJ since his completion of his dental residency at Newark Beth Israel Medical Center in 1988. He has been a member of the NBIMC Department in Restorative Dentistry since 2006 and lectures the dental residents in Occlusion. He is also a lecturer for the Pankey Institute, the single best provider of advanced dental education in the world.

# Congratulations Dr. Muench!



Dr. Kevin Muench is pictured above on the left with his wife Eileen and the Boy Scouts representative at the 22nd Annual Northern New Jersey Healthcare Awards Dinner.

# Congratulations to NBIMC's Core Value Award Winners

Every quarter, NBIMC presents CORE Value Awards — its highest honor, to staff members who demonstrate outstanding contributions to the mission and vision of NBIMC and the System.

1st Quarter Recipients



Ability to Execute
Mary Koch, RN,
MSN, Educator Perioperative Services
"Mary led the the
staff of B7 L&D to
comply 100% in the
organizational project
Anonymous Observer
Hand Hygiene
Compliance Rounds for
the February 2014."



Customer Satisfaction
Robert Casper
- Security
"...because of Cpl.
Casper's astute
judgment, time sensitive
intervention was
provided by the ED
team to an acutely ill
patient."



Financial

Management
Deborah RiversAdmitting Department
"...her actions
interrupted
a fraudulent
document...her ability
to clarify its validity
are impressive."



Quality
Lindsay Briglio Speech and Language
Pathologist
".. unable to reach her
patient who missed her
appointment, she called
the cousin who went
to her home found her
minimally responsive.
EMS brought her to our
ED for treatment."



Sustainability
Terri Scarpelli, RN Operating Room
"...she discovered my
talents and is the reason
I became proactive in my
job...her organization and
passion has made the OR
a better place to work."



**1st Quarter Team Award** Institute of Health Optimization Project Team (IHO)

Dr. Robert Lahita Dr. Jeremias Murillo Dr. Trevor Atherley Dr. Eric Wasserman Amy Doran Nina DiQuollo Jennifer Crist Claire Byrne Deborah Diglio Cindy Neumany Marcia McGregor Charmaine Thomas Patty Dimitriou Gail Jackson Pat Naturale and Susan Dela Pena.

# Congratulations to these recipients of NBIMC CORE Value Awards!

# 2nd Quarter Recipients



Ability to Execute
Jackie Helper, RN-A6
"Jackie is the
Guardian Angel of
her colleagues and
patients alike... she
put herself forward
and ensured there
was no inappropriate
behavior."



Ability to Execute
Patty Panfile, APN
- Cardiothoracic
Surgery Department
"...her compassion
and professional
concern for
her elderly and
debilitated patients is
exemplary....enabling
TAVR treatment for
over 200 patients in
the past 2 years."



Sustainability
George Thumpayil Respiratory
"...calm and wise
figure who provides
the steady guidance to
get through the days
and nights by listening
and initiating the best
solutions."

# Beth Nurse Named GEM Award Finalist

Congratulations to Cecilia Lopez RN, PACU – a 2014 Nurse.com Nursing Excellence GEM Awards Finalist. The GEM Award, Giving Excellence Meaning is awarded in six different categories: Advancing and Leading the Profession; Clinical Inpatient Nursing; Education and Mentorship; Home, Community



and Ambulatory Care; Staff Management and Volunteerism and Service. Cecilia was nominated in the Clinical Inpatient Nursing category. Cecilia is a member of the professional practice council and has written policies on epidural pump and intra-abdominal pressure monitoring. She developed a poster presentation on "Early Assessment and Prevention of Skin Breakdown in the Post Anesthesia Care Unit," and it was accepted for presentation at the American Society of PeriAnesthesia Nurses' conference.

# Congratulations to Cecilia on this accomplishment.



# NBIMC Nurse Recognized as a Lifesaver

Marlon Gante, RN, of C8, was recently awarded the American Heart Association American Heartsaver award for his rescue effort to save the life of someone experiencing a cardiac emergency on June 4, 2014 at the Conference Center at Robert Wood Johnson Hamilton Center for Health & Wellness in Mercerville, NJ.





# Medications and the Sun: A Complicated Mix

Now that summer is upon us, we'll be spending more time outdoors enjoying the warm weather and

sunshine. Before you venture out to the beach, pool or a family barbecue, it's important to be aware of the impact any medications you are taking will have on your skin when exposed to extended periods of sun's ultraviolet rays.

Sun-sensitizing drugs (also called phototoxic) have the potential to cause reactions or aggravate existing skin conditions such as eczema. While sunscreen may help, it is important to be aware of the potential interactions. Some common drugs that may be phototoxic include antibiotics, non-steroidal anti-inflammatory medications such as ibuprofen and naproxen, cholesterol-lowering drugs, and some anti-depressants.

To ensure your safety this summer, talk to your pharmacist about the prescription and overthe-counter medications you are taking. Pharmacists at Barnabas Health Retail Pharmacy at Newark Beth Israel Medical



Center are available, to answer any questions you may have.

Call them at 973-926-7422 or stop by the pharmacy located in the Main Lobby. The pharmacy is open Monday – Friday, from 8 a.m. to 7 p.m., and on Saturday from 9 a.m. to 2 p.m.

# The Beth's Employee Art & Photography Show On display on the Osborne Terrace Bridge until Thursday, July 3!











# New Wound Care Treatment Now Available at The Beth

Epidermal grafting with CelluTome™ System (KCI, San Antonio, TX) is now available for patients at The Institute for Advanced Wound Healing and Hyperbaric Medicine at NBIMC.

The CelluTome ™ Epidermal Harvesting System offers an automated, precise and reproducible process of harvesting autologous non-damaged epidermal tissue. This new skin grafting platform will enable wound care physicians to harvest epidermal grafts while minimizing donor site complications. The product is designed to consistently and reliably harvest epidermis at the DE junction(1), which allows skin grafting without the need for donor site anesthesia.

This means the whole process can take place in an outpatient setting, which truly transforms the way physicians have traditionally used skin grafting.

The Institute for Advanced Wound Healing and Hyperbaric Medicine is conveniently located on L3 of the main entrance to the medical center. This setting provides patients who visit the wound center with easy access to all the services of the hospital such as laboratory testing, radiological and imaging studies, and vascular studies. The department is open from 7 am to 5 pm, Monday to Friday. Transportation is also available for ambulatory patients to and from the wound center.

For more information about or if you have any questions regarding the services provided, please call (973) 926-8230 or go to <a href="https://www.barnabashealth.org/Newark-Beth-Israel-Medical-Center/Our-Services/Wound-Care-and-Hyperbaric-Institute.aspx">www.barnabashealth.org/Newark-Beth-Israel-Medical-Center/Our-Services/Wound-Care-and-Hyperbaric-Institute.aspx</a>



# Celebrating Nursing Assistants Week

Congratulations to all of the Nursing Assistants at The Beth. This week was National Nursing Assistants Week, now in its 37th year, this annual event offers us an opportunity to recognize the extraordinary care you provide to our patients every day.

# Thank you for all you do!



Pictured above, COO Darrell K. Terry, Sr., and President and CEO Dr. John Brennan join with The Beth's Nursing Assistants for ice cream sundaes to celebrate National Nursing Assistants Week. Below, Cathy Lapinski, RN; Maryellen Wiggins, MSN, RN, ACRN, NE-BC and Patricia Dimitriou, RN, dish out ice cream at the special celebration.



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# From Your Employee Assistance Program

Summertime is here! It's time for barbecues, the beach and lots of changes. Summertime does bring sunshine and warm-weather fun,

but it can also be a stressful time in your life, adjusting to new routines (children out of school, moving, vacations, etc).

This is a friendly reminder that your Employee Assistance Program (EAP) is here to help! You and your family are entitled to free face to face counseling sessions to help deal with those stressors affecting your life, big or small. For further information or to make an appointment please call us at 1-800-300-0628.

Remember, this service is **FREE** and **CONFIDENTIAL!** 

# NBIMC/CHoNJ Resident Graduation Ceremony

On Wednesday, June 11, Residents and Fellows graduated from the Graduate Medical Education (GME) Program at NBIMC, marking the culmination of years of dedication, drive and hard work on the part of these future physicians!



# WNBC-TV News Anchor Shares Personal Story at The Beth's Cancer Survivor's Day Luncheon WNBC-TV, Channel 4 WEEKEND TODAY IN NEW YORK Anchor and New Jersey Reporter, Pat Battle, opened the 17th

WNBC-TV, Channel 4 WEEKEND TODAY IN NEW YORK Anchor and New Jersey Reporter, Pat Battle, opened the 17th Annual Breast Cancer Survivor's Luncheon on Sunday at the DoubleTree Hotel in Newark. Pat shared her personal testimony about being a breast cancer survivor and the story of relatives who have been afflicted with cancer. Nearly 600 survivors and loved ones were in attendance. The event was directed by Aida Chiles with Dian Boyd. The committee also included: Yashonda Thomas, Lisa Crapps, Peter Richter, Nadine Jenkins, Kecia Chiles-Bass and Patricia Mitrano.



The Beth's Employee Barbecue
Thanks to everyone who made this year's Employee Barbecue such a success! A special meal was also provided for the night shift in the Café Annex.



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# NURSE OFTHE YEAR

Wednesday, November 19, 2014 6:00pm Pines Manor, Edison

Cominate a nurse today by visiting tiny.cc/nurseoftheyearNJ



By nominating a nurse today, you join the March of Dimes in honoring the profession of nursing and the tireless efforts of those dedicated to their practice.

Nominations will be open from April 25 – June 27.

For more details, visit: marchofdimes.com/newjersey or call 732-952-9010.



# Events At-A-Glance for NBIMC & CHoNJ June/July 2014

#### **June 2014 OBSERVANCES**

- Men's Health Month
- National Safety Month
- CPR/AED Awareness Week 1-7
- Nursing Assistants Week 16-20
- Healthcare Risk Management Week 16-20
- Cancer Survivors Day 1<sup>st</sup>
- Healthcare Recruiter Recognition Day 3<sup>rd</sup>
- World Blood Donor Day 14<sup>th</sup>
- National HIV Testing Day 27<sup>th</sup>

#### **July 2014 OBSERVANCES**

- Fireworks Safety Month
- Eye Injury Prevention Month
- UV Safety Month

# Chair Massage w/Hudson Jong

Wednesdays 11am – 8pm on D4 For appts. Call – (646) 662-3143

#### Farmer's Market

Every Wednesday ABC Discharge Lobby 11am - 4pm



#### **NEED A PRESCRIPTION?**

Call Barnabas Health Retail Pharmacy Main Lobby x67422/M-F 8am-7pm Sat. 9am-2pm

#### **Employee Art & Photography Show**

On view on C2 Bridge until Thursday, July 3<sup>rd</sup>

#### Cardio Kickboxing

Wednesdays/4pm-5pm Beth Fitness Center Led by: Malic Shephard First class free - \$5/class Earn Live Well Points

More info: bmintz@barnabashealth.org

#### **Biometric Screening and HRA**

Thursday, June 26<sup>th</sup> @ 11am – 7pm ABC Discharge Lobby

Updated: 6/25/2014 12:26 PM

## HIV over the Age of Fifty

Free confidential testing available Wednesday, July 9, 11 a.m. – noon Donald Tucker Children's Day Care Center 23 Elizabeth Avenue, Newark

#### **AARP Driver Safety Course**

\$15members /\$20non-members *Registration required* Saturday, July 12, 10 a.m. – 4 p.m.

NBIMC Center for Geriatric Health Care

156 Lyons Avenue, Newark – Lower Level

## **Phillips Lifeline Medical Alert Services**

find out how you can qualify for this life-saving service. Tuesday, July 15, 10:30 a.m. – noon Bethany Baptist Church 275 West Market Street, Newark

### **GirlTalk Hudson County**

Wednesday, July 30th All day more info to follow

## Boning Up On Arthritis - Lunch and Learn

Wednesday, July 30, 10:30 a.m.-noon NBIMC Center for Geriatric Health Care 156 Lyons Avenue, Newark – Lower Level

## SAVE THE DATE

Robotics Symposium Saturday, September 20<sup>th</sup> 7:30am – 4pm Hyatt Regency, 2 Exchange Place, Jersey City, NJ 07302 R.S.V.P. 1(888) 724-7123

Alma Beatty Health and Wellness Fair Saturday, September 27<sup>th</sup>

Holiday Party 2014 Wednesday, December 17<sup>th</sup> The Grove Cedar Grove, NJ

To be included in this events listing: <a href="mailto:lcrapps@barnabashealth.org">lcrapps@barnabashealth.org</a>
<a href="mailto:pmitrano@barnabashealth.org">pmitrano@barnabashealth.org</a>